

Under the spread of COVID-19
How to get help

Having a cold ・ Feeling sick

↓
YES



Shortness of breath or severe sense of fatigue or high fever

YES →

↓
NO

Having mild cold-like symptoms

If you are at high risk from severe illness *

YES →

Call after 4days of continued symptoms

YES →

↓
NO

Rest at home

☎ 045-664-7761 (Yokohama)
☎ 045-285-1015 (Kanagawa)
In case of emergency, ☎ 1 1 9

*elderly, expecting mother, receiving dialysis, taking immunosuppressive or anti-cancer medication, or have an underlying medical condition such as diabetes, heart disease, or respiratory disease.

YES ⇒ Consultation center for recent arrivals people who have been in contact with a person with confirmed COVID-19.